

# 14th Terras do Infante - Lagos dos Descobrimentos 2017 - EURO CUP - Stage 1 - RACE PROGRAM

Age Groups	NR OF RACES	Year of Birth	Friday 7th April		Sábado 8th April			Domingo 9th April						
			Session 1 Track - 17h - 23h		Session 2 - Track - 9h - 13h	Session3 - Track - 14h30 - 17h30	Session 4 - Track 18h30 - 22h30	Session 5 - 9h - 13h Road - Avenida dos Descobrimentos		Session 6 - Track 16h00 - 18h00	Session 7 - 18h30- 19h30/22h			
Não Federados / Desporto Escolar Fem.	2	1998 and after			800m F				200m F					
Não Federados / Desporto Escolar Masc.	2	1998 and after			800m F				200m F					
Benjamins Fem.	3	2010 and after		600m S	600m F	400m F B	HEATS RELAY 9 Laps: Kids Fem. / Heats - RELAY 9 Laps: Kids Male	400m F A	200m F C/B/A		Prize award individual age groups	FINALS RELAY 9 Laps: Kids Fem. / Kids Male		
Benjamins Masc.	3	2010 and after		600m S	600m F	400m F B		400m F A	200m F C/B/A					
Escolares Fem.	3	2008 /2009		800m S	800m F	600m F B		600m F A	200m F C/B/A					
Escolares Masc.	3	2008 /2009		800m S	800m F	600m F B		600m F A	200m F C/B/A					
Infantis Fem.	3	2006 / 2007		1Km S	1Km F	800m F B		800m F A	200m F C/B/A					
Infantis Masc.	3	2006 / 2007		1Km S	1Km F	800m F B		800m F A	200m F C/B/A					
Iniciados Fem.	3	2004 / 2005		3Km F	2Km F C	2Km F B		2Km F A	200m F C/B/A					
Iniciados Masc.	3	2004 / 2005		3Km F	2Km F C	2Km F B		2Km F A	200m F C/B/A					
Cadetes Fem.	6	2002 / 2003	1Km A	3Km F	300m c/r F			5Km P/E F	100m séries				1Km F	Prize award individual and collective
Cadetes Masc.	6	2002 / 2003	1Km A	3Km F	300m c/r F			5Km P/E F	100m séries				1Km F	
Juniores B Fem.	6	2000 / 2001	1Km A	3Km F	300m c/r F		5Km P/E F	100m séries		1Km F				
Juniores B Masc.	6	2000 / 2001	1Km A	3Km F	300m c/r F		5Km P/E F	100m séries		1Km F				
Juniores A Fem.	6	1998 / 1999	1Km A	5Km P F		300m c/r F	5Km P/E F	100m séries	Meia Maratona	1Km F				
Juniores A Masc.	6	1998 / 1999	1Km A	5Km P F		300m c/r F	15Km P/E F	100m séries	22Km	1Km F				
Seniores / Elite Fem.	6	1997 and before	1Km A	5Km P F		300m c/r F	15Km P/E F	100m séries		1Km F				
Seniores / Elite Masc.	6	1997 and before	1Km A	5Km P F		300m c/r F	15Km P/E F	100m séries		1Km F				
Masters / Seniores B Fem.	4	1997 and before		3Km F		1Km F	5Km P F	100m séries		Prize award individual				
Masters / Seniores B Masc.	4	1997 and before		3Km F		1Km F	5Km P F	100m séries						
EURO CUP RACES			Cadetes		Juniores B		Juniores A		Seniores / elites					
Velocidade			300m e 1Km		300m e 1Km		300m e 1Km		300m e 1Km					
Fundo			3Km e 5KmP/E		3Km e 5KmP/E		5KmP e 15km P/E		5KmP e 15km P/E					